

**FOR IMMEDIATE RELEASE**

**February 4th, 2020**

**Maria and the Coins Announce the Upcoming Release of New Album 'Forward'**

**Minneapolis, MN** - Maria and the Coins are thrilled to announce the release of their debut full-length album *Forward*, available everywhere on March 5th, 2020. The band will celebrate the release of the album with a show at First Avenue's 7th St Entry on the evening of March 4th with an all female-fronted bill including Jillian Rae and Emily Haavik. 7pm Doors. \$12 advance / \$15 day of show.

Maria and the Coins bundle big-picture pop ambition into earnest, indie sensibility. The fivesome distinguished themselves in the Minneapolis alt-rock scene by fusing singer-songwriter driven pop hooks with the vulnerability and honesty of an indie band. Following a successful crowdfunding campaign, *Forward* is the first full-length album from the Minneapolis-based indie band, led by singer-songwriter Maria Coyne. Coyne's pop, country, and even musical theatre influences are carefully crafted with alt-rock arrangements that create the band's unique sound. The band members first started playing together in college where they opened for Betty Who and Jeremy Messersmith during their on-campus shows. Shortly after, the fivesome began playing professionally has opened for artists including Delacey, Whitney Rose, and Reina del Cid in addition to headlining their own shows around the Twin Cities.

The one-word title for the album holds dear meaning for Coyne who was diagnosed with Lupus during her freshman year of college. Choosing to move forward became her motto for dealing with both the physical and emotional struggles of her immune disorder, but quickly turned into her approach in all aspects of her life which is evident on each of the ten tracks. From finding new love to struggles with mental health, each song captures a specific moment in time where there was a choice to be made: giving up or beginning again, drowning in the darkness or choosing the light, standing still or moving forward.

In keeping with the theme, the album's first single, *Movin' On* chronicles Coyne's decision to move from her hometown of Atlanta, Georgia to Minneapolis in order to pursue music alongside her bandmates. The song and music video were featured in *City Pages Local Frames* and *The Current's Friday Five*. *Forward* was produced by Stephen Helvig and recorded at Droptone Studio in Excelsior, MN. *Forward* will be available for purchase on CD and digitally as well as all streaming platforms immediately following their release show at 7th St Entry at midnight on March 5th, 2020.

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